



MHM Coventry Safe Haven @ Broad Street Centre

Are you feeling distressed, frightened, overwhelmed, or that things are too much for you?

Don't know where to turn to get mental health support?

Are your usual sources of support closed?

MHM Coventry Safe Haven @ Broad Street Centre offers out of hours mental health support to anyone aged 18 or over in Coventry and the surrounding areas.

**Find us at The Broad Street Centre
Broad Street, Fosehill, Coventry, CV6 5AX**

Open 6pm-11pm, Monday to Sunday 365 days a year
(including weekends and bank holidays)

No appointment or referral needed. Carers and family welcome.

To contact MHM Coventry Safe Haven call: **07921 876 065**
Or email us at: **coventryhaven.mhm@nhs.net**
Calls and emails are monitored between 6pm-11pm